

BIG BREAKFAST

2 eggs, chorizo sausage, grilled tomato, sautéed mushroom, baked beans, bacon, and sourdough bread.



67K

FRUIT SALAD

Fresh seasonal fruit, toasted coconut, muesli and yogurt.
add: coconut cream shot (16K)



60K

STEAK & EGGS BREAKFAST

150 gram sirloin steak, fried egg and cherry tomatoes.



86K

PARADISE PINK SMOOTHIE BOWL

dragonfruit, banana, papaya and yogurt, topped with almonds and coconut flakes. add: coconut cream shot (16K)



61K

AÇAÍ BOWL

The mother of all bowls! The right balance of tart and sweet Açaí berries and bananas, topped with coconut flakes and granola. add: almonds (27K)



72K

SANUR BEACH SMOOTHIE BOWL

Spinach, kale, avocado, mango, banana, yogurt, topped with chia seeds, coconut flakes and sliced mangoes. add: coconut cream shot (16K)



61K

PARADISE PANCAKES

OPTION: GLUTEN-FREE (66K)
Triple stack pancake topped with peanut butter, strawberry, kiwi and ice cream. add: vegan protein (25K)



63K

SAUSAGE & MASH

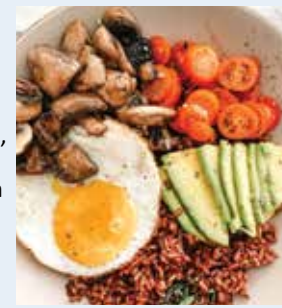
2-piece sausage, mashed potato, caramelised onion and demi-glazed sauce.



85K

HEALTHY BREAKFAST BOWL

Sauteed mushrooms and cherry tomatoes, avocado, organic brown rice and sunny side up. add: bacon (27K)



57K

LOW GI BREAKFAST

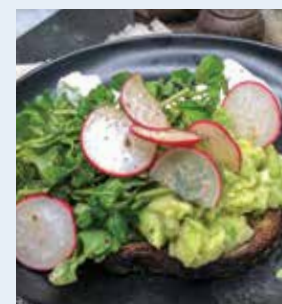
2 bacon, 2 eggs, avocado, sauteed mushrooms, spinach & tomatoes. add: sweet potato hash (25K)



61K

SMASHED AVOCADO WITH SOURDOUGH TOAST

Sourdough, riped avocado, radish, lemon, salt & pepper, watercress, balsamic dressing.



64K

PALEO BREKKY STACK

Sweet potato, bacon, egg, avocado, rocket. add: extra bacon (27K)



60K

EGGS MY WAY

Two eggs (your choice of scrambled or sunny-side up) with sourdough toast. add: bacon (27K)



39K

CALAMARI RINGS

Coleslaw and tartar sauce.



47K

CREAMY GARLIC PRAWNS

Prawns with creamy garlic sauce, spinach, served with steamed rice.



120K

DAIRY-FREE MUSHROOM OMELETTE

Mushrooms, eggs, topped with rocket and cherry tomatoes. add: bacon (27K) avocado (21K)



50K

CASSAVA WAFFLES (SWEET)

2 pieces of cassava waffle topped with caramelised banana, strawberry, kiwi and ice cream.



57K

QUINOA BROWN RICE NASI GORENG

Fried organic brown rice and white rice with quinoa, egg, chicken and vegetables. add: extra chicken (28K)



54K

SHAKSHOUKA

Red onion, tomato, red paprika, tomato sauce, egg, 7 spices, cumin, mint, coriander and feta cheese.



55K

AUSTRALIAN RIB EYE STEAK

Australian Rib Eye, Served with charred broccoli, sweet potato chips and rocket salad.



200 GRAM 190K

400 GRAM 340K

SWEET POTATO CHIPS



31K

EXTRAS:

- SAUSAGE 30K | TUNA 30K | PORK BELLY 38K | LAMB 57K | CHICKEN 28K | BACON 27K | AVOCADO 21K | TOMATO 19K | MUSHROOM 21K | SPINACH 19K
CHICKPEAS 17K | SWEET POTATO CHIPS 25K | SWEET POTATO HASH 25K | FETA CHEESE 45K | GOAT FETA 45K | CHIPS 26K | EGG 26K | POACHED EGG 21K
PICKLED GINGER 21K | SOURDOUGH TOAST 20K | MAPLE SYRUP 28K | SMOKED SALMON 60K | COCONUT CREAM SHOT 16K | VEGAN PROTEIN 25K
ALMONDS 27K | QUINOA 28K | AIOLI SAUCE 5K | TZATSIKI SAUCE 8K

BBQ DOUBLE BEEF AND BACON BURGER

2x 100g beef patties, bacon, cheese, caramelised onions, and housemade BBQ sauce. Served with onion rings.



125K

FALAFEL BURGER

OPTION: GLUTEN-FREE BUN (65K)
Falafel patty, spinach, beetroot, red paprika, feta cheese, mango mayo sauce, tzatziki sauce and chips.



60K

BREAKFAST BURGER

OPTION: GLUTEN-FREE BUN (44K)
Bacon, egg, rocket, napoli sauce. **add: sweet potato hash (25K)**



42K

CHICKEN KARAAGE BURGER

OPTION: GLUTEN-FREE BUN (95K)
Double chicken patty, with honey sriracha coleslaw, served with white & sweet potato chips. **add: bacon (27K) or avocado (21K)**



89K

BEEF & AIOLI BURGER

OPTION: GLUTEN-FREE BUN (100K)
Double beef patty, cheddar, pickles, garlic aioli, rocket, tomato, served with white & sweet potato chips. **add: bacon (27K)**



90K

LAMB SALAD

Grilled lamb, english spinach, mint, coriander, red onion, pumpkin, tomato cherry, balsamic dressing and feta cheese.



110K

PUMPKIN & FETA SALAD

Roasted cubed pumpkins, goat feta, almond, cumin, salt & pepper. **add: chicken (28K)**



61K

SPANISH OMELETTE

2 eggs, potato, dry rosemary, shallot, beef chorizo sausage, cherry tomato, coriander.



47K

BARRAMUNDI

200g grilled Barramundi served with cauliflower puree and sauce vierge.



114K

LEMON TUNA PUMPKIN PASTA

OPTION: DAIRY FREE (96K)
Gluten free pumpkin pasta, grilled tuna, broccoli and mushroom. **add: extra tuna (30K)**



106K

FALAFEL SALAD

3 pieces of falafel with red cabbage, tomato cherry, cucumber, coriander, mint, red radish, chick peas with dressing tzatziki sauce.



43K

PARADISE GREEN BOWL

Brown rice, quinoa, edamame, broccoli, avocado, spinach, poached egg and lemon slice. **add: chicken (28K)**



63K

CALIFORNIA SUSHI BOWL

Marinated raw tuna, cucumber, avocado, carrot, white rice, sesame seeds and nori. **add: pickled ginger (21K)**



60K

TERIYAKI SUSHI BOWL

Marinated grilled chicken teriyaki, avocado, cucumber, white rice, nori, sesame seeds. **add: pickled ginger (21K)**



59K

TROPICAL POKE BOWL

Your choice of tuna sashimi or sweet & sour chicken, served with brown rice, mango, avocado, pineapple, red radish, edamame. **add: extra tuna (30K) or chicken (28K)**



67K

CRISPY FRIED PORK BOWL

Crispy pork belly, bihun rice noodles, carrots, mint & coriander, cucumber. **add: spinach (19K)**



70K

POTATO CHICKEN NEST

Marinated chicken breast served with authentic potato nest, coleslaw mango and sriracha honey glaze. **add: avocado (21K)**



58K

RAW TUNA TARTARE

Raw tuna, dates, leek, olive oil, lemon juice and Chef secret sauce.



57K

TURKISH LAMB PILAF

Fried basmati rice, with capsicum and raisin. Seasoned with middle eastern spices. Topped with slice almond, coriander and mint tzatziki, sauce on the side. **add: chickpeas (17K)**



104K



NEW

COCONUT CAKE

GLUTEN-FREE / DAIRY-FREE / NUT-FREE
1 slice of coconut cake topped with butter cream sheredded coconut

25K



NEW

RAW VEGAN CARROT CAKE

GLUTEN-FREE / DAIRY-FREE
1 slice raw vegan carrot cake with cashew frosting and peanut

27K



NEW

ALMOND RAW VEGAN SNICKERS CHEESE CAKE

GLUTEN-FREE / DAIRY-FREE
Four-layered cheesecake made of nougat, caramel and chocolate

55K



NEW

RAW VEGAN TIRAMISU

GLUTEN-FREE / DAIRY-FREE
1 slice cake of tiramisu cake with mousse & cream layer

45K



NEW

PUMPKIN SPICED CAKE

GLUTEN-FREE / DAIRY-FREE
One slice cake with pure pumpkin and topped with dates & cocoa sauce

33K



NEW

LEMON ENERGY BALLS

GLUTEN-FREE / DAIRY-FREE
Combination of oats, dates, lemon & coconut.

35K



NEW

DOUBLE CHOCOLATE CHIP MUFFIN

GLUTEN-FREE
Topped with choco chips

35K



CHIA PUDDING

GLUTEN-FREE / DAIRY-FREE / NUT-FREE
Chia seeds with cashew milk, topped with coconut cream, granola, strawberry and mango

50K



LEMON MUG CAKE

GLUTEN-FREE / DAIRY-FREE / NUT-FREE
Topped with meringue, cinnamon powder and glazed lemon

27K



BANANA BREAD

GLUTEN-FREE / DAIRY-FREE / NUT-FREE
2 slices of banana cake, topped with caramelized banana & cocoa powder

43K



CHOCOLATE CHIP PROTEIN COOKIES

GLUTEN-FREE / DAIRY-FREE

20K

DRINKS



NEW

DESSERTS

DRINKS

HOT OR ICED

- ESPRESSO - 3oz 26K
- LONG BLACK - 6oz 32K
- AMERICANO - 10oz 32K
- MACHIATTO - 3oz 32K
- PICCOLO - 3oz 32K
- FLAT WHITE REG - 6oz 34K
- LARGE - 10oz (3 shot) 45K
- CAPPUCCINO - 8oz 34K
- LATTE REG - 10oz 36K
- OR SMALL - 6oz (1 shot) 30K
- MOCHA - 8oz 40K
- HOT CHOC - 10oz 35K
- AFFOGATO 48K
- CHAI LATTE 38K
- FROZEN VANILLA LATTE with vanilla ice cream 50K

EXTRAS

- FLAVOUR SYRUP 15K
- caramel, vanilla, hazelnut

MILK OPTIONS

- SOYA 15K
- CASHEW 16K
- COCONUT 15K

TEA (2 CUP POT)

- ENGLISH BREAKFAST TEA 29K
- LEMONGRASS AND GINGER TEA 29K
- PEPPERMINT 29K
- GREEN 29K
- CHAI 29K

ICED TEA

- LEMON 29K
- CLASSIC BLACK 29K
- PEACH 29K

KOMBUCHA

- GLASS 51K
- Ask our staff for available flavours

ENERGY BOOSTER

- GREEN MACHINE** 48K
cucumber, lemon, apples, spinach, mint, coconut water
- DETOX ME** 48K
carrots, apple, mandarin, ginger, beetroot
- PARADISE SUNRISE** 48K
raspberry, mango, pineapple, papaya, banana, orange, coconut water
- SAYONARA COFFEE** 48K
carrot, apple, orange, lemon, green tea, honey

PROTEIN SHAKES

(CHOICE OF CHOCOLATE OR VANILLA VEGAN PROTEIN)

- PROTEIN SHAKE** 68K
cashew milk, cinnamon powder, chocolate or vanilla vegan protein powder, banana
- PRE-WORKOUT** 68K
MOCHA JUMP START
cashew milk, banana, chocolate or vanilla vegan protein powder, espresso shot
- POST-WORKOUT** 68K
SNICKERS RECOVER
cashew milk, banana, chocolate or vanilla vegan protein powder, peanut butter
- MANGO PROTEIN** 68K
mango, vanilla protein, vanilla powder, honey, yogurt, cashew milk.
- AÇAI PROTEIN** 70K
Açai, banana, yogurt, vanilla protein, strawberry, cashew milk.



SMOOTHIES / LASSIES

Made with homemade yoghurt & fruit of your choice 49K

SOFT DRINKS

- COKE / COKE ZERO / SPRITE 30K
- / POCARI SWEAT
- SPARKLING WATER 45K
- MINERAL WATER 22K
- FIJI WATER - 330ml 45K
- FIJI WATER - 500ml 55K

FRESH JUICE

- ORANGE / PINEAPPLE / WATERMELON / APPLE 40K
- COLD YOUNG COCONUT 30K

MILKSHAKES

- CHOCOLATE / CARAMEL 49K
- STRAWBERRY / VANILLA



NEW JUICE

- MORNING FUEL** 55K
Apple, Carrot, Lemon, Kale, Beetroot, Orange
- LUCKY LADIES** 48K
Carrot, Orange, Pear, Pineapple, Beetroot, Lemon, Ginger
- TROPICAL SUMMER** 51K
Kale, Apple, Lemon, Spinach, Pineapple, Ginger
- GREEN PLUS** 48K
Celery, Parsley, Apple, Lemon, Cucumber, Ginger, Spinach
- GET YOUR GREEN ON** 40K
Apple, Mint, Pineapple, Spinach
- REHYDRATE** 35K
Watermelon, Pineapple, Lime

